

Delina Plates

Teff Injera

(Ethiopian sourdough flat bread - homemade with gluten free superfood teff grain)

OR Rice

Meal Plates

Option 1 - Vegetarian Plate -

£8.50

Choose any 3 dishes from (A) or
Tofu Tibs - (4) and (5) from (B)

Option 3 - Tibs Plate -

£8.50

Choose 1 dish from (B) and 2
from (A)

Option 2 - Beyayntu

Large Vegetarian Plate - £9.50

for one or £8.50 per head

All six vegetarian dishes from (A)

Option 4 - Wot Plate -

£8.50

Choose just 1 wot dish from (C)

A- Vegetarian Dishes £5.50 each

(meat free, gluten free, dairy free and nut free)

1. Misir Alichu - Mild lentils
2. Misir Wot - Spicy lentils
3. Gomen - Tasty greens (spinach, kale, seasoning)
4. Kay Sur - braised beetroot
5. Atakilt - Potato, carrot with turmeric and ginger sauce
6. Habesha Salad - tomatoes, red onion

B- Tibs Dishes £7.50 each

(East African style stirfry)

1. Tibs - Beef - with onion, chilli, garlic and ginger. Spicy or mild.
2. Doro Tibs - marinated sauteed chicken cubes with berbere spice.
3. Doro Begomen - marinated sauteed chicken cubes with spinach and kale greens dish.
4. Tofu Gomen (v) - Marinated tofu with spinach and kale greens dish.
5. Tofu Tibs (v) - Marinated tofu with onion, tomatoes and chilli.

C- Wot Dishes £8.50 each

(Slow cooked curry stew)

1. Doro Wot - a famous deep red chicken piece stew, slow cooked with red onions, berbere spice and boiled egg.
2. Beg Wot/Zegni - a deep red stew as with Doro Wot only with lamb (no egg)
3. Beg Alichu - a mild yellow curry with lamb infused with turmeric, cardamom and secret herbs

Delina Kitchen

Shepherds Bush Market

Eat in or takeaway

- Ethiopian coffee / tea
- Freshly pressed juice
- breakfast smoothie
- soft drinks

Breakfast - Small Plates

Served all day

Avocado on sourdough bread

With chilli flakes and chia sprinkle

£5.00

Enkulal- Scrambled Egg

Delina scrambled eggs and sourdough bread with green chilli and tomato

Chechebsa

Torn flatbread and spiced butter with honey.

£5.50

Firfir

Torn teff injera flatbread and spiced tomato sauce.

£6.50

Ful Madamas

Mashed broad beans, tomatoes and chillies.

£5.50

Kategna

Toasted injera in a spiced butter with homemade cottage cheese.

£6.00

Add-ons:

Fried eggs, boiled eggs, grilled halloumi, avocado.

£1.50ea